

# 5 Minute Risk Assessment

**1** Name of Assessor: ..... Date: .....  
 Process/procedure being assessed: .....

<b>2</b> Steps in Process/ Procedure	Hazard Rating	Likelihood	Result
1. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
2. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
3. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
4. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
5. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
6. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
7. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>
8. ....	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>

**3** Result

- = stop work immediately and consult a supervisor
- = ensure that all steps are taken to minimise risk by using hazard controls, then proceed on with caution. Try to improve the process if possible by looking at ways to lower risk
- = proceed on observing normal safety and risk management precautions

## The Rules

- Record the key words to describe each step in the process procedure in the section 2.
- For each step rate the hazard – high = , medium =  and low = , and the likelihood – very likely = , possible =  unlikely =
- multiply the hazard by the likelihood using the following rules to report the result :
 

<input checked="" type="checkbox"/>	x	<input checked="" type="checkbox"/>	=	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	x	<input type="checkbox"/> or <input type="checkbox"/>	=	<input type="checkbox"/>
<input type="checkbox"/>	x	<input type="checkbox"/>	=	<input type="checkbox"/>
<input type="checkbox"/>	x	<input type="checkbox"/>	=	<input type="checkbox"/>
<input type="checkbox"/>	x	<input type="checkbox"/>	=	<input type="checkbox"/>